

ATTENTION MINOR HOCKEY PLAYERS!

Hockey TRAINING Spring Tryout

ON-ICE Preparation Program

March 31-April 11



ON-ICE TRAINING @ RIM PARK

This 2-week camp will focus on age specific on-ice skills in order to help players prepare for tryouts. Emphasis will be placed on **SKATING FUNDAMENTALS, PUCK SKILLS, PASSING** and **POSITION SPECIFIC DRILLS** to ensure players hit the ice in stride when camps start the following week. **ALL SESSIONS 1 HOUR.**

TRAINING SCHEDULE

Minor Midget / Major Bantam (2005, 2006)

- Tuesday, March 31 | 7:30 pm
- Thursday, April 2 | 8:00 pm
- April 6-9 | 8:00 pm
- Saturday April 11 | 12:00 pm

Minor / Major Bantam (2006, 2007)

- Tuesday, March 31 | 6:30 pm
- Thursday, April 2 | 7:00 pm
- April 6, 8 | 7:00 pm
- Saturday April 11 | 11:00 pm

Pee-Wee (2008, 2009)

- Tuesday, March 31 | 6:30 pm
- Thursday, April 2 | 7:00 pm
- April 7, 9 | 7:00 pm
- Saturday April 11 | 10:00 pm

PROGRAM COST

Minor Midget / Major Bantam

- Player \$225.00+HST
- Goalie..... \$140.00+HST

Minor Bantam / Major Atom / Pee-Wee

- Player \$160.00+HST
- Goalie..... \$100.00+HST

*Players can
participate in just
the OFF-ICE, just the
ON-ICE or BOTH.
Spaces are limited in
each program.*



226.748.9494

www.depthtraining.ca